

WEEK 5 (11th - 17th MAY)	H/CAP TIME	WEEK POINTS	ACTUAL TIME	VIRTUAL TRIAL PB
Michelle Baguley	35:44	100	27:09	27:09
Angela Robson	35:55	99	28:45	28:45
Jillian Eunson	36:11	98	24:31	24:31
Euan McCallister	36:23	97	21:53	21:53
Wendy Leaper	36:23	96	33:58	33:58
Martyn Duncan	36:26	95	22:06	22:06
Emma Findlay	36:30	94	30:55	30:55
Dave Milne	36:34	93	19:49	19:44
Shona Brown	36:37	92	27:27	27:27
Caris Strachan	36:40	91	21:30	21:30
Deborah Hall	36:40	90	26:00	26:00
Allan Bartlet	36:41	89	18:31	18:31
Roy Walker	36:44	88	21:04	21:04
David Gray	36:47	87	23:52	23:52
Mark Dunn	36:48	86	21:18	21:17
Kirsty Watt	36:54	85	27:39	27:39
Lynn Park	36:58	84	26:58	26:58
Louise Simpson	36:59	83	24:14	24:14
Mark Cockburn	37:00	82	20:55	20:45
Ryan Christie	37:01	81	20:36	20:36
Ross Chalmers	37:04	80	20:09	20:09
Mark Walker	37:06	79	18:16	18:16
Murray Eunson	37:08	78	26:58	26:28
Paul Anderson	37:09	77	19:49	19:49
Alan Downie	37:09	76	21:29	21:29
Andy Cruickshank	37:11	75	23:56	23:56
Steven Garden	37:11	74	25:16	25:16
Andy Fenwick	37:12	73	19:02	19:02
Mark Gravener	37:12	72	22:17	21:55
Katrina Clark	37:13	71	27:18	27:18
Louise Pirie	37:14	70	24:44	23:56
Steve Gordon	37:14	69	25:09	25:09
Keith Stewart	37:14	68	21:19	20:41
Karen McAra	37:15	67	28:20	28:20
Pam Cooper	37:16	66	26:11	25:41
Gavin Morris	37:17	65	19:47	19:47
Kim King	37:18	64	22:28	21:56
Alan McAra	37:19	63	24:24	24:21
Stroma Duncan	37:19	62	27:19	27:18
Steven Eunson	37:20	61	20:25	20:22

NAMES	TOTAL POINTS
Steven Garden	408
Karen McAra	407
Michelle Baguley	404
Andy Cruickshank	399
Stroma Duncan	397
Chloe Cargill	395
Gavin Morris	391
Deborah Hall	386
Louise Simpson	378
Mark Walker	378
David Gray	377
Ryan Ramsay	375
Angela Robson	371
Mark Dunn	370
Katrina Clark	370
Alan McAra	369
Andy Fenwick	367
Leigh Duncan	366
Caris Strachan	363
Emma Findlay	360
Allan Bartlet	358
Pam Cooper	354
George Keith	352
Mark Gravener	351
Jack Low	351
Calum Calder	350
Ryan Christie	349
Alan Walsh	346
Paul Anderson	345
Kim King	344
Euan McCallister	343
Steven Eunson	342
Victoria Smart	341
Roy Walker	340
Susan Cumming	338
Nicola Price	336
Shona Brown	333
Andy Traill	333
Tracy Loughhead	330
Alan Downie	329

WELL DONE TO ALL WHO RAN THIS WEEK, A WINDY FORECAST SAW A LATE FLURRY OF ENTRIES, WITH 28 PEOPLE IMPROVING FROM PREVIOUS WEEKS, WITH THE LADIES TAKING FOUR OF THE TOP FIVE SPOTS THIS WEEK, CONGRATS TO ALL WHO BATTLED THROUGH TO GET A HARD EARNED PB.

Michelle & Angela pulling awesome runs out the bag to go below 36 mins handicap time, meaning tough handicaps next week, will they be at the top again?? We are now seeing a good mix of runners at the top of the overall leaderboard.

Overall Points Leaders

1/ Steven Garden	408
2/ Karen McAra	407
3/ Michelle Baguley	404

This weeks Best Handicap Times

1/ Michelle Baguley	35:44
2/ Angela Robson	35:55
3/ Jillian Eunson	36:11

This weeks Best Scratch Times Male

1/ Mark Walker	18:16
2/ Allan Bartlet	18:31
3/ Ryan Ramsay	18:46

This weeks Best Scratch Times Female

1/ Caris Strachan	21:30
2/ Chloe Cargill	21:44
3/ Kim King	22:28

NAMES	NEW H/CAP
Jeananne Beckett	01:10
Wendy Leaper	03:20
Suzanne Coull	04:55
Emma Findlay	06:20
Angela Robson	08:30
Karen McAra	08:55
Victoria Smart	08:55
Kirsty Watt	09:40
Alasdair McLean	09:40
Shona Brown	09:50
Katrina Clark	10:00
Stroma Duncan	10:00
Susan Cumming	10:00
Andrew McNeill	10:05
Michelle Baguley	10:10
Leigh Duncan	10:10
Jack Honey	10:15
Lynn Park	10:20
Murray Eunson	10:20
Nicola Price	10:20
Pam Cooper	11:05
Deborah Hall	11:15
Simon Robson	11:30
Steven Garden	12:00
Steve Gordon	12:10
Russell Cannon	12:20
Debs Morgan	12:20
Tracy Loughhead	12:25
Louise Pirie	12:35
Elaine Irvine	12:35
Jillian Eunson	12:45
Diane Milne	12:45
Alan McAra	12:55
Louise Simpson	13:05
Andy Fraser	13:05
Andy Cruickshank	13:20
Corine Jack	13:20
David Gray	13:25
Jack Low	13:35
Carly McNeil	14:10

Carly McNeil	37:23	60	23:08	21:33
George Keith	37:23	59	21:18	21:14
Stuart Clark	37:25	58	22:05	21:59
Calum Calder	37:27	57	18:52	18:44
Jack Low	37:30	56	23:40	23:25
Ryan Ramsay	37:31	55	18:46	18:34
Chloe Cargill	37:34	54	21:44	21:27
Alan Walsh	37:37	53	22:57	22:32
Simon Robson	37:42	52	25:47	24:23
Diane Milne	37:48	51	24:33	23:34
Jason Osbourne	37:52	50	20:37	19:36
Susan Cumming	37:57	49	27:27	26:48
Elaine Irvine	37:59	48	24:54	23:42
Leigh Duncan	38:16	47	27:36	26:35
Tracy Loughhead	38:18	46	25:23	24:24
Andy Fraser	38:44	45	25:09	23:44
Andy Traill	38:48	44	22:18	20:48
Victoria Smart	38:48	43	29:23	27:36
Alex MacLeod	39:18	42	23:53	21:52
Glen Chalmers	40:18	41	22:08	18:58
Nicola Price	40:19	40	29:29	26:25
Russell Cannon	40:35	39	27:45	24:17
Danny Hazzard	40:54	38	24:09	20:10
Jeananne Beckett	40:55	37	39:15	35:47
Alasdair McLean				27:36
Andrew McNeill				26:42
Corine Jack				23:59
Debs Morgan				24:55
Jack Honey				27:01
Mella Slattery				21:32
Steve Leaper				19:41
Suzanne Coull				33:38
Vince Taylor				22:09

Jillian Eunson	326
Dave Milne	324
Lynn Park	324
Louise Pirie	323
Glen Chalmers	321
Jason Osbourne	310
Stuart Clark	300
Ross Chalmers	299
Steve Gordon	293
Keith Stewart	289
Debs Morgan	285
Steve Leaper	275
Mark Cockburn	272
Simon Robson	270
Murray Eunson	266
Alex MacLeod	265
Andy Fraser	255
Russell Cannon	247
Carly McNeil	237
Diane Milne	234
Elaine Irvine	232
Corine Jack	226
Andrew McNeill	224
Martyn Duncan	218
Kirsty Watt	188
Wendy Leaper	164
Danny Hazzard	163
Suzanne Coull	143
Jack Honey	132
Jeananne Beckett	124
Mella Slattery	114
Vince Taylor	66
Alasdair McLean	58

Alan Walsh	14:20
Kim King	14:50
Alex MacLeod	14:55
Mark Gravener	15:00
Martyn Duncan	15:10
Stuart Clark	15:10
Vince Taylor	15:10
Mella Slattery	15:15
Euan McCallister	15:25
Chloe Cargill	15:35
Caris Strachan	15:45
Alan Downie	15:50
Keith Stewart	16:00
Mark Dunn	16:00
George Keith	16:00
Andy Traill	16:00
Roy Walker	16:15
Danny Hazzard	16:15
Mark Cockburn	16:20
Ryan Christie	16:40
Jason Osbourne	16:45
Steven Eunson	16:50
Steve Leaper	17:00
Ross Chalmers	17:10
Dave Milne	17:30
Paul Anderson	17:30
Gavin Morris	17:30
Glen Chalmers	17:40
Andy Fenwick	18:15
Calum Calder	18:25
Ryan Ramsay	18:30
Allan Bartlet	18:45
Mark Walker	19:00