

WEEK 2 (20th - 26th APRIL)	H/CAP TIME	WEEK POINTS	ACTUAL TIME	VIRTUAL TRIAL PB
Ryan Ramsay	35:45	100	18:40	18:40
Jack Low	35:49	99	23:49	23:49
Jack Honey	35:51	98	27:01	27:01
Steven Garden	35:59	97	26:24	26:24
Chloe Cargill	36:05	96	22:35	22:35
Tracy Loughhead	36:12	95	24:27	24:27
Jillian Eunson	36:16	94	24:58	24:58
Elaine Irvine	36:17	93	23:42	23:42
George Keith	36:18	92	21:18	21:18
Leigh Duncan	36:18	91	27:53	27:53
Angela Robson	36:21	90	29:31	29:31
Simon Robson	36:23	89	24:23	24:23
Karen McAra	36:32	88	29:17	29:17
Calum Calder	36:33	87	19:03	19:03
Mark Dunn	36:34	86	21:24	21:24
Euan McCallister	36:34	85	21:59	21:59
Stroma Duncan	36:39	84	28:24	28:03
Victoria Smart	36:41	83	27:36	27:36
Mark Walker	36:43	82	18:48	18:48
Louise Simpson	36:44	81	24:24	24:24
Corine Jack	36:45	80	24:33	24:33
Kim King	36:47	79	22:27	22:27
Michelle Baguley	36:48	78	29:03	29:03
Debs Morgan	36:53	77	25:48	25:48
Andy Cruickshank	36:55	76	24:40	24:40
Allan Bartlet	36:57	75	18:57	18:57
Ryan Christie	36:57	74	21:07	21:07
Stuart Clark	37:00	73	24:25	24:25
Caris Strachan	37:01	72	22:21	22:21
Gavin Morris	37:04	71	20:29	20:29
Nicola Price	37:05	69	29:50	27:15
Katrina Clark	37:05	70	29:05	29:05
Pam Cooper	37:07	67	26:02	26:02
Roy Walker	37:07	68	21:22	21:22
Alan Downie	37:12	66	22:12	22:12
Emma Findlay	37:14	65	31:44	31:44
Andy Traill	37:15	64	20:55	20:55

NAME	TOTAL POINTS
Steven Garden	187
Karen McAra	185
Ryan Ramsay	181
Victoria Smart	177
Chloe Cargill	175
Louise Simpson	173
Stroma Duncan	172
Gavin Morris	169
Angela Robson	164
Mark Dunn	164
Andy Cruickshank	162
George Keith	159
Deborah Hall	159
Michelle Baguley	158
Pam Cooper	158
Alan Walsh	158
Kim King	154
Tracy Loughhead	152
Steve Leaper	152
Mark Walker	151
Calum Calder	150
Euan McCallister	149
Alan McAra	149
Andy Traill	148
Mark Gravener	148
Glen Chalmers	147
Allan Bartlet	145
Jack Low	144
David Gray	144
Elaine Irvine	143
Simon Robson	142
Andy Fenwick	142
Steven Eunson	141
Corine Jack	139
Leigh Duncan	138
Jillian Eunson	137
Caris Strachan	133

A WESOME RUNNING AGAIN WITH 43 PEOPLE IMPROVING FROM LAST WEEK, AND PB'S FOR CHLOE, GEORGE, GAVIN AND LAINIEY TO NAME A FEW, SUPERB EFFORT EVERYONE

Great to see Ryan Ramsay back on form after a long injury period, absolute flying again with a sub 19 min run this week, taking the Best Scratch and top Handicap time, Well done Ryan

Overall Points Leaders

1/ Steven Garden	187
2/ Karen McAra	185
3/ Ryan Ramsay	181

This weeks top Handicap Times

1/ Ryan Ramsay	35:45
2/ Jack Low	35:49
3/ Jack Honey	35:51

This weeks top Scratch Times Male

1/ Ryan Ramsay	18:40
2/ Mark Walker	18:48
3/ Allan Bartlet	18:57

This weeks top Scratch Times Female

1/ Caris Strachan	22:21
2/ Kim King	22:27
3/ Chloe Cargill	22:35

NAME	NEW H/CAP
Jeananne Beckett	01:40
Wendy Leaper	02:25
Emma Findlay	05:35
Suzanne Coull	05:55
Susan Cumming	07:25
Angela Robson	07:45
Karen McAra	08:00
Shona Brown	08:05
Katrina Clark	08:10
Michelle Baguley	08:15
Andrew McNeill	08:55
Stroma Duncan	08:55
Leigh Duncan	09:25
Lynn Park	09:35
Victoria Smart	09:40
Nicola Price	09:40
Alasdair McLean	09:40
Jack Honey	10:15
Deborah Hall	10:35
Murray Eunson	10:35
Steven Garden	10:55
Pam Cooper	11:15
Debs Morgan	11:30
Alan McAra	11:55
Steve Gordon	12:00
Jillian Eunson	12:25
Andy Cruickshank	12:35
David Gray	12:40
Corine Jack	12:45
Andy Fraser	12:45
Tracy Loughhead	12:50
Stuart Clark	12:50
Louise Pirie	12:50
Simon Robson	12:55
Louise Simpson	12:55
Russell Cannon	12:55
Jack Low	13:30

Alan Walsh	37:16	63	22:41	22:41
Glen Chalmers	37:23	62	19:08	19:01
Mark Gravener	37:24	61	22:14	22:05
Andy Fenwick	37:25	60	19:25	19:18
Deborah Hall	37:26	59	26:41	26:31
Steven Eunson	37:32	58	20:37	20:22
Lynn Park	37:34	57	27:44	27:44
Steve Leaper	37:35	56	20:00	19:41
David Gray	37:37	55	24:37	24:20
Paul Anderson	37:38	54	20:18	19:59
Jason Osbourne	37:38	53	19:58	19:36
Andrew McNeill	37:39	52	28:24	28:24
Mark Cockburn	37:41	51	21:21	21:21
Alan McAra	37:44	50	25:24	24:59
Shona Brown	37:44	49	29:14	29:14
Keith Stewart	37:48	48	21:13	20:41
Steve Gordon	37:50	47	25:20	25:14
Jeananne Beckett	37:57	46	35:47	35:47
Russell Cannon	37:58	45	24:33	24:33
Dave Milne	38:13	44	20:38	19:44
Diane Milne	38:20	43	23:55	23:55
Mella Slattery	38:35	42	22:50	21:32
Andy Fraser	38:50	41	25:35	25:35
Louise Pirie	39:27	40	28:13	23:56
Susan Cumming	40:00	39	29:50	29:50
Ross Chalmers	40:04	38	23:14	21:18
Carly McNeill	40:30	37	24:45	21:33
Suzanne Coull	41:02	36	34:37	34:37
Wendy Leaper	41:05	35	38:10	37:50
Murray Eunson	41:33	34	28:10	26:28
Martyn Duncan				22:28
Danny Hazzard				20:10
Vince Taylor				22:09
Alasdair McLean				27:36
Alex MacLeod				22:51

Emma Findlay	133
Louise Pirie	133
Jack Honey	132
Roy Walker	130
Jason Osbourne	129
Ryan Christie	128
Debs Morgan	126
Nicola Price	121
Paul Anderson	119
Dave Milne	115
Mella Slattery	114
Katrina Clark	110
Keith Stewart	104
Alan Downie	101
Carly McNeill	97
Lynn Park	96
Susan Cumming	94
Shona Brown	93
Steve Gordon	93
Andrew McNeill	88
Jeananne Beckett	87
Russell Cannon	82
Murray Eunson	82
Diane Milne	81
Ross Chalmers	80
Martyn Duncan	77
Stuart Clark	73
Danny Hazzard	73
Suzanne Coull	68
Wendy Leaper	68
Vince Taylor	66
Alasdair McLean	58
Mark Cockburn	51
Alex MacLeod	51
Andy Fraser	41

Elaine Irvine	13:35
Diane Milne	13:55
Alan Walsh	14:35
Alex MacLeod	14:35
Chloe Cargill	14:40
Kim King	14:50
Martyn Duncan	14:50
Caris Strachan	14:55
Alan Downie	15:05
Mark Gravener	15:05
Vince Taylor	15:10
Mella Slattery	15:15
Carly McNeil	15:15
Euan McCallister	15:20
Mark Dunn	15:55
Roy Walker	15:55
Mark Cockburn	15:55
George Keith	16:00
Keith Stewart	16:05
Ryan Christie	16:10
Andy Traill	16:20
Ross Chalmers	16:20
Steven Eunson	16:40
Gavin Morris	16:50
Paul Anderson	17:00
Dave Milne	17:05
Danny Hazzard	17:05
Steve Leaper	17:15
Jason Osbourne	17:20
Andy Fenwick	17:50
Glen Chalmers	18:10
Calum Calder	18:15
Allan Bartlet	18:20
Mark Walker	18:30
Ryan Ramsay	18:35