

WEEK 10 (15th - 21st June)	H/CAP TIME	WEEK POINTS	ACTUAL TIME	VIRTUAL TRIAL PB
Nicola Price	34:29	100	24:34	24:34
Russell Cannon	35:36	99	23:16	23:16
Steven Garden	36:16	98	24:16	24:16
Ross Chalmers	36:28	97	20:23	20:09
Jack Low	36:43	96	23:48	23:21
Jillian Eunson	36:46	95	24:26	24:26
Tracy Loughhead	36:47	94	24:07	24:07
Alan Walsh	37:03	93	22:53	22:32
Andy Fenwick	37:09	92	18:49	18:41
Angela Robson	37:11	91	29:51	28:45
Ryan Christie	37:15	90	20:10	20:10
Mark Cockburn	37:17	89	20:57	20:45
Alan Downie	37:18	87	20:58	20:36
Andy Fraser	37:18	86	23:43	23:16
Mark Walker	37:18	88	18:18	18:16
Steve Gordon	37:22	85	24:52	24:42
Calum Calder	37:24	84	18:19	18:11
Caris Strachan	37:26	83	20:36	20:26
Paul Anderson	37:27	82	19:42	19:31
Jeananne Beckett	37:28	81	34:48	34:36
George Keith	37:29	80	20:59	20:46
Andy Traill	37:31	79	21:21	20:48
Allan Bartlet	37:34	78	18:24	18:05
Leigh Duncan	37:35	77	27:15	26:35
Carly McNeil	37:38	75	22:18	21:33
Jason Osbourne	37:38	76	20:13	19:36
Diane Milne	37:41	74	23:21	22:56
Steven Eunson	37:43	73	20:43	20:16
Euan McCallister	37:45	72	22:30	21:32
Gavin Morris	37:51	71	19:56	19:20
Murray Eunson	37:58	70	28:23	26:28
Shona Brown	37:59	69	27:19	26:38
Stroma Duncan	38:02	68	27:57	26:58
Kim King	38:09	67	23:04	21:56
Wendy Leaper	38:25	66	31:15	30:05
Glen Chalmers	38:40	65	20:45	18:58
Elaine Irvine	38:52	64	26:47	23:42
Victoria Smart	38:58	63	29:18	27:10
Debs Morgan	39:02	62	27:17	24:55
Michelle Baguley	39:05	61	30:20	27:09

NAMES - OVERALL	TOTAL POINTS
Steven Garden	698
Chloe Cargill	659
Karen McAra	655
Caris Strachan	654
George Keith	654
Gavin Morris	652
Mark Walker	652
Allan Bartlet	649
Andy Cruickshank	642
Andy Fenwick	642
Tracy Loughhead	638
Mark Gravener	635
Paul Anderson	635
Alan Downie	634
Kim King	632
Leigh Duncan	629
Ryan Christie	628
Stroma Duncan	628
Andy Traill	626
Jillian Eunson	626
Shona Brown	625
Deborah Hall	622
Alan McAra	619
Andy Fraser	617
Steven Eunson	614
Jack Low	612
Steve Gordon	612
Angela Robson	610
Louise Simpson	609
Glen Chalmers	607
Calum Calder	602
Nicola Price	602
Michelle Baguley	593
Euan McCallister	590
Alan Walsh	586
Jason Osbourne	584
Diane Milne	578
Lynn Park	575
Ross Chalmers	575
Victoria Smart	572

*WELL DONE EVERYONE WHO ENTERED A TIME IN A VERY BUSY WEEK FOR RUNNING MASSIVE WELL DONE TO NICOLA PRICE THIS WEEK FINDING INSPIRATION TO RUN A BIG PB, SCORING THE LOWEST HANDICAP TIME YET AND GRABBING THE 100 POINTS
RUSSELL RUNNING A TT PB TO GRAB SECOND PLACE WITH STEVEN IMPROVING AGAIN TO MAKE UP THE TOP THREE*

A third place finish this week saw Steven Garden strengthen his lead at the top, can he get another PB next week, or will one of the chasing pack close the gap. Seven runners within 50 points so still all to play for, good luck all

Overall Points Leaders

1/ Steven Garden	698
2/ Chloe Cargill	659
3/ Karen McAra	655

This weeks Best Handicap Times

1/ Nicola Price	34:29
2/ Russell Cannon	35:36
3/ Steven Garden	36:16

This weeks Best Scratch Times Male

1/ Mark Walker	18:18
2/ Calum Calder	18:19
3/ Allan Bartlet	18:24

This weeks Best Scratch Times Female

1/ Caris Strachan	20:36
2/ Carly McNeil	22:18
3/ Kim King	23:04

NAMES	NEW H/CAP
Jeananne Beckett	02:30
Suzanne Coull	03:55
Wendy Leaper	06:40
Emma Findlay	06:55
Angela Robson	07:25
Michelle Baguley	08:15
Susan Cumming	08:30
Murray Eunson	09:05
Andrew McNeill	09:05
Victoria Smart	09:10
Kirsty Watt	09:10
Alasdair McLean	09:25
Karen McAra	09:25
Stroma Duncan	09:35
Leigh Duncan	10:00
Shona Brown	10:10
Lynn Park	10:15
Jack Honey	10:15
Katrina Clark	10:15
Pam Cooper	11:00
Deborah Hall	11:10
Debs Morgan	11:15
Simon Robson	11:30
Elaine Irvine	11:35
David Gray	11:55
Steve Gordon	12:25
Louise Simpson	12:25
Nicola Price	12:45
Jillian Eunson	12:50
Corine Jack	12:50
Steven Garden	13:00
Tracy Loughhead	13:10
Alan McAra	13:20
Andy Cruickshank	13:25
Jack Low	13:30
Andy Fraser	13:35
Louise Pirie	13:40
Diane Milne	13:55
Russell Cannon	14:00
Alan Walsh	14:25

Pam Cooper	39:13	60	27:43	25:41
Susan Cumming	39:30	59	30:30	26:48
Dave Milne	39:31	58	22:31	19:44
Andrew McNeill	42:57	57	33:22	26:42
Alan McAra				23:55
Alasdair McLean				27:36
Alex MacLeod				21:52
Andy Cruickshank				23:53
Bruce Alexander				20:01
Chloe Cargill				20:08
Corine Jack				23:55
Danny Hazzard				20:10
David Gray				23:52
Deborah Hall				26:00
Emma Findlay				30:23
Jack Honey				27:01
Karen McAra				27:50
Katrina Clark				26:45
Keith Stewart				20:41
Kirsty Watt				27:39
Louise Pirie				23:38
Louise Simpson				24:14
Lynn Park				26:54
Mark Dunn				21:13
Mark Gravener				21:34
Martin Burns				17:41
Martyn Duncan				22:06
Mella Slattery				21:32
Roy Walker				20:52
Ryan Ramsay				18:34
Simon Robson				24:23
Steve Leaper				19:41
Stuart Clark				21:34
Suzanne Coull				33:38
Vince Taylor				22:09

Russell Cannon	567
David Gray	545
Carly McNeil	537
Murray Eunson	536
Katrina Clark	528
Wendy Leaper	523
Susan Cumming	515
Pam Cooper	501
Louise Pirie	495
Roy Walker	490
Debs Morgan	474
Stuart Clark	456
Emma Findlay	456
Mark Dunn	453
Jeananne Beckett	443
Dave Milne	442
Ryan Ramsay	375
Steve Leaper	369
Corine Jack	369
Mark Cockburn	361
Elaine Irvine	359
Andrew McNeill	335
Keith Stewart	289
Simon Robson	270
Alex MacLeod	265
Kirsty Watt	251
Suzanne Coull	249
Mella Slattery	237
Danny Hazzard	233
Martyn Duncan	218
Alasdair McLean	134
Jack Honey	132
Martin Burns	77
Bruce Alexander	73
Vince Taylor	66

Mella Slattery	14:25
Kim King	14:35
Euan McCallister	14:45
Alex MacLeod	14:55
Carly McNeil	15:00
Martyn Duncan	15:10
Vince Taylor	15:10
Mark Gravener	15:45
Stuart Clark	15:45
Danny Hazzard	15:50
Andy Traill	15:55
Roy Walker	15:55
Keith Stewart	16:00
Mark Dunn	16:05
Mark Cockburn	16:20
Alan Downie	16:20
George Keith	16:20
Dave Milne	16:30
Steven Eunson	16:35
Caris Strachan	16:40
Ross Chalmers	16:55
Ryan Christie	17:05
Jason Osbourne	17:05
Chloe Cargill	17:10
Bruce Alexander	17:15
Gavin Morris	17:25
Glen Chalmers	17:25
Steve Leaper	17:25
Paul Anderson	17:35
Andy Fenwick	18:30
Ryan Ramsay	18:30
Allan Bartlet	18:55
Mark Walker	19:00
Calum Calder	19:00
Martin Burns	19:35