	1 N	⁄lile			3 km				5 km				10 km				10 mile				Half Ma	rathon			Maratho	n		
Age	_	ronze Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum	Bronze	Silver	Gold	Platinum
16	-	00:06:38	00:05:58	00:05:32	00:15:26	00:13:13	00:11:54	00:11:01		00:22:52	00:20:35			00:47:24	00:42:40	00:39:30		01:16:12	01:08:35	01:03:30	02:02:14			01:27:19	04:10:34	03:34:46	03:13:18	02:58:59
17	_	00:06:33 00:06:29	00:05:54 00:05:50	00:05:28 00:05:24	00:15:14 00:15:05	00:13:04 00:12:55	00:11:45 00:11:38	00:10:53 00:10:46	00:26:15 00:25:57	00:22:30	00:20:15	00:18:45 00:18:32	00:54:24	00:46:38 00:46:00	00:41:58 00:41:24	00:38:51		01:14:44	01:07:15 01:06:37	01:02:16 01:01:41	01:59:47	01:42:40	01:32:24	01:25:34 01:24:04	04:06:27	03:31:15 03:28:24	03:10:07	02:56:02 02:53:40
10	_	0.07.34 00.06.29	00:05:48	00:05:22	00:14:59	00:12:50	00:11:33	00:10:46	00:25:50	00:22:09	00:20:02	00:18:27	00:53:40	00:45:38	00:41:04	00:38:01		01:14:02	01:06:37	01:01:41	01:56:05	01:39:30	01:30:47	01:22:55	04:03:08	03:26:44	03:06:03	02:53:40
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28		00:06:25	00:05:46	00:05:21	00:14:55	00:12:47	00:11:30	00:10:39		00:22:09	00:19:56	00:18:27	00:53:05	00:45:30	00:40:57	00:37:55		01:14:02	01:06:37	01:01:41	01:54:06		01:28:01	01:21:30	04:00:32	03:26:10	03:05:33	02:51:49
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