|  | 1 Mile <br> Bronze | Silver | Gold | Platinum | 3 km Bronze | Silver | Gold | Platinum | $\begin{aligned} & 5 \mathrm{~km} \\ & \text { Bronze } \\ & \hline \end{aligned}$ | Silver | Gold | Platinum | $\begin{array}{\|c\|} 10 \mathrm{~km} \\ \text { Bronze } \end{array}$ | Silver | Gold | Platinum | $\begin{array}{\|c\|} 10 \text { mile } \\ \text { Bronze } \end{array}$ | Silver |  | Half Marathon |  |  | Gold | Platinum | Marathon |  | Gold | Platinum |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gold | Platinum | Bronze | Silver |  |  | Bronze | Silver |  |  |
| 16 | 00:07:44 | 00:06:38 | 00:05:58 | 00:05:32 | 00:15:26 | 00:13:13 | 00:11:54 | 00:11:01 | 00:26:41 | 00:22:52 | 00:20:35 | 00:19:04 | 00:55:18 | 00:47:24 | 00:42:40 | 00:39:30 | 01:28:54 | 01:16:12 | 1008:35 | 01:03:30 | 02:120 | 01:44:46 | 1:34:18 | 27:19 | 04:1 | 4:46 | 03:13:18 | 02:58:59 |
|  | 07:3 | 00:06:33 | 00:05:5 | 00:05:28 | 00:15:14 | 00:13:04 | 00:11:45 | 00:10:53 | 00:26:15 | 00:22:30 | 00:20:15 | 00:18:45 | 00:54:24 | 00:46:38 | 00:41:58 | 00:38:51 | 1:27:11 | 01:14:44 | 01:07:15 | 01:02 | 01:5 | 01:42:40 | 01:32:24 | 01:25:34 | 04:06:27 | 3:31:15 | 10:07 | 02:5 |
|  | 00:07:34 | 00:06:29 | 00:05:50 | 00:05:2 | 00:15:05 | 00:12:55 | 00:11:38 | 00:10:46 | 00:25:57 | 00:22:15 | 00:20:02 | 00 | 00:53:40 | 00 | 00:41:24 | 00:38:20 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:57:41 | 01:40:52 | 01:30:47 | 01:24:04 | 04:03:08 | 03:28:24 | 03:07:34 | 02:53: |
| 19 | 00:07:3 | 00:06:2 | 00:05:48 | 00:05:2 | 00:14:59 | 00:12:50 | 00:11:33 | 00:10:42 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:14 | 00:45:38 | 00:41:04 | 00:38:01 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:56:05 | 01:39:30 | 01:29:33 | 01:22:55 | 04:01:11 | 03:26:44 | 03:00:03 |  |
| 20 | 00:07:2 | 00:06:2 | 00:05:4 | 00:05:2 | 00:14:55 | 00:12:47 | 00:11:3 | 00:10:40 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:58 | 01:38:33 | 01:28:42 | 01:22:07 | 04:00:32 | 03:26:10 | 03:05:33 |  |
| 21 | 00:07:2 | 00:06:2 | 00:05:4 | 00:05:2 | 00:14:55 | 00:12:47 | 00:11:30 | 00:10:39 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:18 | 01:37:58 | 01:28:11 | 01:21:39 | 04:00:32 | 03:26:10 | 03:05:33 |  |
| 2 | 00:07: | 00:06:2 | 00:05:4 | 00:05: | 00:14:5 | 00:12:4 | 00:11:30 | 00:10:39 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 | 01:28:01 | 01:21:30 | 04:00:32 | 03:26:10 |  |  |
|  |  |  |  |  |  |  |  |  | 00:25:50 |  |  |  |  |  |  |  |  |  |  | 01:01:41 |  |  |  |  | 04:00:32 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 25 |  |  |  |  |  |  |  |  |  |  |  | 00:18:27 |  | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 |  |  | 04:00:32 |  |  |  |
|  |  |  |  |  |  |  |  |  | 00:25:50 |  |  | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 | 01:28:01 | 01:21:30 | 04:00:32 | 03:26:10 | 03:05:33 | 02:51:49 |
|  |  | 00:06: | 00:05: |  | 00:14:5 | 00:12:4 | 00:11 |  | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 | 01:28:01 | 01:21:30 | 04:00:32 |  | 03:05:33 |  |
| 28 | 00:07:2 | 00:06:2 | 00:05:4 | 00:05:2 | 00:14:55 | 00:12:4 | 00:11:3 | 00:10:3 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 | 01:28:01 | 01:21:30 | 04:00:32 |  | 03:05:33 | 02:51:49 |
|  | 00:07:2 | 00:06:25 | 00:05:4 | 00:05:2 | 00:14:55 | 00:12:4 | 00:11:3 | 00:10:3 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:22 | 01:14:02 | 01:06:37 | 01:01:41 | 01:54:06 | 01:37:48 | 01:28:01 | 01:21:30 | 04:00:32 | 03:26:10 | 03:05:33 | 02:51:49 |
| 30 | 00:07:30 | 00:06:25 | 00:05:47 | 00:05:21 | 00:14:56 | 00:12:48 | 00:11:31 | 00:10:40 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:24 | 01:14:03 | 01:06:39 | 01:01:43 | 01:54:08 | 01:37:49 | 01:28:03 | 01:21:31 | 04:00:32 | 03:26:10 | 03:05:33 | 02:51:49 |
| 3 | 00:07:30 | 00:06:26 | 00:05:4 | 00:05:2 | 00:14:57 | 00:12:49 | 00:11:32 | 00:10:41 | 00:25:50 | 00:22:09 | 00:19:56 | 00:18:27 | 00:53:05 | 00:45:30 | 00:40:57 | 00:37:55 | 01:26:27 | 01:14:06 | 01:06:41 | 01:01:45 | 01:54:13 | 01:37:54 | 01:28:07 | 01:21:35 | 04:00:36 | 03:26:13 | 03:05:36 | 02:51:51 |
| 32 | 00:07:3 | 00:06:2 | 00:05:4 | 00:05:2 | 00:14:58 | 00:12:5 | 00:11:3 | 00:10:4 | 00:25:52 | 00:22:11 | 00:19:57 | 00:18:29 | 00:53:09 | 00:45:33 | 00:41:00 | 00:37:58 | 01:26:34 | 01:14:12 | 01:06:47 | 01:01:50 | 01:54:24 | 01:38:03 | 01:28:15 | 01:21:43 | 04:00:48 | 03:26:24 | 03:05:46 | 02:52:00 |
| 33 | 00:07 | 00:06:28 | 00:05: |  | 00:15:0 | 00:12: |  | 00:10 | 00:25:54 | 00:22:12 | 00:19:59 | 00:18:30 | 00:53:14 | 00:45:38 | 00:41:04 | 00:38:01 | 01:26:45 | 01:14:21 | 01:06:55 | 01:01:58 | 01:54:36 | 01:38:14 | 01:28:24 | 01:21:51 | 04:01:09 | 03:26:42 | 03:06:02 |  |
| 34 |  |  | 00:05: |  | 00:15:0 |  |  |  | 00:25:57 | 00:22:15 | 00:20:02 | 00:18:32 | 00:53:19 | 00:45:42 | 00:41:08 | 00:38:05 | 01:26:58 | 01:14:33 | 01:07:06 | 01:02:08 | 01:54:53 | 01:38:28 | 01:28:38 | 01:22:04 |  | 03:27:08 | 03:06:25 |  |
| 35 | 00:07:37 | 00:06:32 | 00:05:3 |  | 00:15:8 | 00:12:5 | 00:11 | 00:10:48 | 00:26:01 | 00:22:18 | 00:20:04 | 00:18:35 | 00:53:28 | 00:45:50 | 00:41:15 | 00:38:11 | 01:27:14 | 01:14:47 | 01:07:18 | 01:02:19 | 01:55:14 |  | 01:28:54 | 01:22:19 | 04:02:20 | 03:27:43 |  |  |
| 36 |  | 00:06:3 | 00:05:53 |  | 00:15:08 | 00:12:3181 |  |  | 00:26:05 | 00:22:21 | 00:20:07 | 00:18:38 | 00:53:38 | 00:45:59 | 00:41:23 | 00:38:19 | 01:27:34 | 5:03 | 107:33 | 102:32 |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  | 00:26:11 | 00:22:27 | 00:20:12 | 00:18:43 |  |  | 00:41:32 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | 00:06:38 |  |  | 00:15:1 |  |  |  | 00:26:17 | 00:22:32 | 00:20:16 | 00:18: | 00:54:05 | 00:46:21 |  | 00:38:37 | 01:28:21 | 01:15:44 | 01:08:09 | 01:03:06 | 01:56:43 |  | 17:30:03 | 01:23:23 |  | 03:30:12 |  |  |
| 39 |  |  |  |  |  |  |  |  | 00:26:24 | 00:22:37 |  | 00:18:51 | 00:54:2 | 00:46:35 |  |  |  | 01:16:08 | 1:08:31 | 1:03:26 |  |  |  |  |  |  |  |  |
| 40 |  |  |  |  |  |  |  |  | 00:26:33 | 00:22:45 | 00:20:20 | 00:18:58 | 00:54:40 | 00:46:51 | 00:42:10 | 00:39:03 | 01:29:20 | 01:16:35 | 01:08:55 | 01:03:49 | 01:58:02 | 01:41:11 | 01:31:03 | 1:24:19 | 04:08:00 | 33:32:34 | 3:11:19 |  |
| 4 |  | 00:06:4 | 00:06: |  | 00:15:38 | 00:13 |  |  | 00:26:41 | 00:22:5 | 00:20:35 | 00:19:04 | 00:55:01 | 00:47:09 | 00:42:26 | 00:39:18 | 01:29:57 | 01:17:06 | 01:09:23 | 01:04:15 | 01:58:50 | 01:41:51 | 01:31:40 | 1:24:52 | 04:09:39 | - | 5 |  |
|  |  |  |  |  |  |  |  |  | 00:26:52 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  | 00:27:04 | 00.23.12 |  | 0, |  | 00:47:50 |  |  | :31:19 | 0:18:17 | 10, | 01:05 | 22:00 | 1:43:24 | 1:33:04 | 1:26:10 | 04:13:30 | 3:37:17 | 3:15:33 |  |
| 44 | 00:08: | 00:07:01 | 00:06:1 | 0.05. | 00:16:0 | 00:13: | 00:12 |  | 00:27:16 | 00:23:22 | 00:21:02 | 00:19:29 | 0:56:16 | 00:48:14 | 00:43:24 | 00:40:11 | 01:32:05 | 01:18:56 | 01:11:02 | 01:05: | 02:01 | 01:44:16 | 1:33:51 | 1:26:54 | 04:15:43 | 3:39:11 | 3:17:16 |  |
| 45 | 00:08:1 | 00:07:0 | 00:06:2 | 00:05:5 | 00:16:1 | 00:13:5 | 00:12:3 | 00:11 | 00:27:30 | 00:23:34 | 00:21:13 | 00:19:39 | 00:56:47 | 00:48:41 | 00:43:48 | 00:40:34 | 01:32:55 | 01:19:39 | 01:11:41 | 01:06:22 | 02:02:47 | 01:45:15 | 01:34:44 | 1:27:43 | 04:18:09 | 03:41:16 | 3:19:09 | 3:04:23 |
| 46 | 00:08:1 | 00:07:07 | 00:06:2 | 00:05:5 | 00:16:1 | 00:13:5 | 00:12:3 | 00:11: | 00:27:44 | 00:23:47 | 00:21:24 | 00:19:49 | 00:57:21 | 00:49:09 | 00:44:14 | 00:40:57 | 01:33:52 | 01:20:27 | 01:12:24 | 01:07:03 | 02:04:01 | 01:46:18 | 01:35:40 | 01:28:35 | 04:20:47 | 03:43:32 | 03:21:11 | 03:06:16 |
| 47 | 00:08:2 | 00:07:1 | 00:06:2 | 00:06:00 | 00:16:3 | 00:14:09 | 00:12:4 | 00:11:48 | 00:28:00 | 00:24:00 | 00:21:36 | 00:20:00 | 00:57:56 | 00:49:39 | 00:44:41 | 00:41:22 | 01:34:51 | 01:21:18 | 01:13:10 | 01:07:45 | 02:05:20 | 01:47:26 | 01:36:41 | 01:29:31 | 04:23:41 | 03:46:01 | 03:23:25 |  |
| 48 | 00:08:3 | 00:07:17 | 00:06:3 | 00:06:0 | 00:16:4 | 00:14:2 | 00:12:5 | 00:11 | 00:28:18 | 00:24:15 | 00:21:5 | 00:20:12 | 00:58:36 | 00:50:14 | 00:45:12 | 00:41:51 | 01:35:56 | 01:22:14 | 01:14:00 | 01:08:31 | 02:06:44 | 01:48:37 | 01:37:46 | 1:30:31 | 04:26:48 | 3:48:41 | 3:25:49 |  |
| 49 |  |  |  |  |  |  |  |  | 00:28:37 | 00:24:32 | 00:22:04 | 00:20:26 |  | 00:50:48 | 00:45:43 | 0:42:20 |  |  | 14:53 |  |  | 149:54 |  |  |  |  |  |  |
| 50 |  |  |  |  | 00:17:0 |  | 00:13:1 | 00:12:15 | 00:28:54 |  |  |  |  |  |  |  |  | 01:24:10 | 15:45 |  | 02:09:46 | 1:51:13 | 40:06 |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 01:25:12 |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  | 00:29:33 |  |  |  |  |  |  |  |  | 01:26:15 |  |  |  | 01:53:57 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | 00:29:54 | 00:25:37 | 00:23:04 | 00:21:21 | 01:02:11 | 00:53:18 | 00:47:58 | 00:44:25 | 01:41:53 | 01:27:20 | 01:18:36 | 01:12:46 | 02:14:34 | 01:55:21 | 01:43:49 | 01:36:07 | 04:44:07 | 04:03:31 | 33:39:10 |  |
|  |  | 00:07:5 |  |  | 00:18:04 | 00:15:2 | 00:13:5 |  | 00:30:13 | 00:25:54 | 00:23:19 | 00:21:35 | 01:02:58 | 00:53:59 | 00:48:35 | 00:44:59 | 01:43:08 | 01:28:24 | 01:19:34 | 01:13:40 | 02:16:16 | 01:56:48 | 01:45:07 | 01:37:20 | 04:47:52 | 04:06:45 | 03:42:04 |  |
| 55 | 00:09:1 | 00:07:5 | 00:07:1 |  | 00:18:1 | 00:15: | 00:14:0 | 00:13 | 00:30:34 | 00:26:12 | 00:23:35 | 00:21:50 | 01:03:46 | 00:54:39 | 00:49:11 | 00:45:33 | 01:44:27 | 01:29:32 | 01:20:34 | 01:14:36 | 02:17:59 | 01:58:16 | 01:46:27 | 1:38:34 | 04:51:41 | 04:10:01 | 33:45:01 |  |
| 56 | 00:09: | 00:08:0 | 00:07: |  | 00:18:3 | 00:15:5 | 00:14: | 00:13 | 00:30:57 | 00:26:31 | 00:23:52 | 0:22:06 | 01:04:34 | 00:55:21 | 00:49:49 | 00:46:08 | 01:45:47 | 01:30:40 | 01:21:36 | 01:15:34 | 02:19:46 | 01:59:48 | 01:47:49 | 01:39:50 | 04:55:38 | 04:13:24 | 3:48:03 | 3:3 |
| 5 |  | 00:08:1 |  |  | 00:18:50 | 00:16: | 00:14 |  | 00:31:18 | 00:26:50 | 00:24:09 | 00:22:21 | 01:05:25 | 00:56:05 | 00:50:28 | 00:46:44 | 01:47:11 | 01:31:52 | 01:22:41 | 01:16:34 | 02:21:36 | 02:01:22 | 01:49:14 | 01:41:09 | 04:59:41 | 04:16:52 | 3:51:11 |  |
| 5 | 00:09:4 | 00:08:1 | 00:07:3 |  | 00:19:0 | 00:16:2 | 00:14:4 | 00:13: | 00:31:40 | 00:27:09 | 00:24:26 | 00:22:37 | 01:06:16 | 00:56:48 | 00:51:07 | 00:47:20 | 01:48:35 | 01:33:05 | 01:23 | 01:17:34 | 02:23:28 | 02:02:58 | 01:50:41 | 01:42:29 | 05:03:51 | 04:20:27 | 03:54:24 | 3:37 |
| 59 | 00:09:5 | 00:08:2 | 00:07: |  | 00:19:2 | 00:16:3 | 00:14:3 | 00:13:5 | 00:32:03 | 00:27:29 | 00:24:44 | 00:22:54 | 01:07:08 | 00:57:33 | 00:51:48 | 00:47:57 | 01:50:03 | 01:34:19 | 01:24:54 | 01:18:36 | 02:25:24 | 2:04 | 01:52:10 | 01:43:51 | 05:08:09 | 04:24:08 | 3:57:43 | 3:40: |
| 60 |  | 00:08:3 |  |  | 00:19:3 | 00:16:5 | 00:15: |  | 00:32:26 |  | 00:25:01 | 00:23:10 |  | 00:58:20 | 00:52:30 | 00:48:36 | 01:51:32 | 01:35:36 | 01:26:02 | 01:19:40 | 02:27:21 | 06 | 01:53:40 | 01:45:15 | 5:12:32 | 4:27:53 | :01:06 |  |
| 61 |  |  |  |  | 00:19:3 |  |  |  | 00:32:51 | 00:28:09 | 00:25:20 | 00:23:27 | 01:08:59 | 00:59:08 | 00:53:13 |  | 01:53:05 | 01:36:55 | 01:27:14 | 01:20:46 | 02:29:23 | 02:08:03 | 01:55:15 | 01:46:43 | 05:17:05 | 04:31:47 | 4:04:37 |  |
|  | 00:10:1 |  | 00:07:5 |  | 00:20:1 | 00:17:2 | 00:15:3 |  | 0.351 | 00:28:30 | 00:25:39 |  | 01:09:57 | 00:59:57 | 00:53:57 | 00:49:58 | 01.5 | 01:38:16 | 01:28:27 | 01:21:54 | 02:31:28 | 02:09:49 | 01:56:51 | 01:48:11 | 05:21:44 | 04:35:47 | 04:08:12 |  |
|  |  |  |  |  |  |  |  |  | 00:33:41 |  |  |  |  |  |  |  |  |  |  |  |  |  | 01:58:30 |  |  |  |  |  |
| 64 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 02:13:33 | 02:00:12 |  |  |  |  |  |
| 65 | 00:10: | 00:09:1 | 00:08:1 |  | 00:21:1 | 00:18: | 00:16:2 | 00:15:09 | 00:3 | 00:29:36 | 00:26:38 | 00:24:40 | 01:12:59 | 01:02:33 | 00:56:18 | 00:52:07 | 01:59 | 01:42:33 | 1:32 | 01:25:28 | 02:38:05 | 02:15:30 | 02:01:57 | 01:52:55 | 05:36:36 | 04:48:31 | 04:19:40 |  |
| 66 | 00:10 | 00:09:23 | 00:08:2 |  | 00:21:3 | 00:18: | 00:16 |  | 00:35:00 | 00:30:00 | 00:27:00 | 00:25:00 | 01:14:02 | 01:03:27 | 00:57:06 | 00:52:52 | 02:01:25 | 01:44:04 | 01:33:40 |  | 02:40:25 | 02:17:30 | 02:03:45 | 01:54:35 | 05:41:52 | 04:53:02 | 04:23:44 |  |
| 67 |  |  |  |  |  |  |  |  | 28 | 00:3 | 00:2 | 00:25:20 | 1:1 | 01:04:24 | 00:57:58 | 00:53:40 | 02:03 | 01:45 | 01:35:04 | 01:28:01 | 02:42:49 | 02:19:33 | 02:05:3 | 01:56: | 05:47:17 | 04:5 |  |  |
| 68 | 00:11:1 | 00:09:42 | 00:08:4 | 00:08:0 | 00:22:16 | 00:19:0 | 00:17:1 | 00:15:5 | 00:35:56 | 00:30:48 | 00:27:43 | 5:40 | 1:16:16 | 01:05:23 | 0:58:50 | 00:54:29 | 02:05:06 | 01:47:13 | 01:36:30 | 01:29:21 | 02:45:17 | 02:21:41 | 02:07:30 | 01:58:04 | 05:52:53 | 05:02:28 | 04:32:13 |  |
| 69 | 00:11:30 | 00:09:51 | 00:08:5 | 00:08:13 | 00:22:38 | 19:2 | 00:17:28 | 00:16:10 | 0:36:26 | 1:14 | 退 | 6:01 | 01:17:26 | 0:22 | 9:44 | 00:55:19 | 02:07:03 | 01:48:54 | 01:38:01 | 01:30:45 | 02:47:51 | 02:23:52 | 02:09:29 | 01:59:54 | 05:58:41 | 05:07:27 | 4:36 | 04:16:12 |
| 70 | 00:11:42 | 00:10:01 | 00:09:0 | 00:08:2 | 00:23:01 | 00:19:4 | 00:17:4 | 00:16:27 | 00.36.57 | 00:31:40 | 00:28:30 | 00:26:24 | 10:18:38 | 01:07:24 | 01:00:40 | 00:56:10 | 02:09:02 | 01:50:36 | 01:39:32 | 01:32:10 | 02:50:29 | 02:26:08 | 02:11:31 | 02:01:46 | 06:04:40 | 05:12:34 | 04:41:19 | 04:20 |


|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 72 | 00:12 | 00:10 | 00:09: |  |  |  |  |  | 00:38:00 | 00:32:34 |  | 00:27:09 | 01:21:10 | 01:09:35 | 01:02:37 | 00:57:59 | 02:13:12 | 01:54:10 | 01:42:45 |  | 02:55:59 | 02:30:51 | 02:15:46 | 02:05:42 |  | 05:23:21 | 04:51:01 |  |
| 73 | 00:12 | 00:10:3 | 00:09:3 |  |  |  |  |  | 00:38:34 | 00:33:03 |  |  | 01:22:29 | 01:10:42 | 01:03:38 | 00:58:55 | 02:15:25 | 01:56:05 | 01:44:28 | 01:36:44 | 02:58:54 | 02:33:21 | 02:18:01 |  | 06:23:53 | 05:29:02 | 04:56:08 |  |
| 74 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 01:04 |  |  |  | 146 |  |  |  |  |  |  | 05:34:55 |  |  |
| 75 |  | 00:10: |  |  |  |  |  |  | 00:39:42 |  |  | 00:28:21 | 01:25:17 | 01:13:06 | 01:05:4 | 01:00 | 02:20 | 02:00 | 01:48:01 | 01:40:0 | 03:04:5 | 02.38 | 02:22:42 |  | 06:38:07 | 05:41:15 |  |  |
| 76 | 00:13:1 | 00:11:10 | 00:10: | 00:09: | 00:25:3 | 00:22:00 | 00:19 | 00:18 | 00:40:19 | 00:34:33 | 00:31:06 | 00:28:47 | 01:26: | 01:14:21 | 01:06:35 | 01:01 | 02:22:27 | 02:02: | 01:49:53 | 01:41 | 03:08:20 | 02:41:26 | 02:25:17 | 02:14:3 | 06:46:19 | 05:48:16 | 05:13 |  |
| 77 |  | 00:11:2 |  | 00.09: | 00.26:00 | 00:22:23 |  |  | 00:40:5 | 00:35:05 | 00:31:3 | 00.29 | 01:28 | 0145 | 01.08 |  | 02:25:03 | 02:04 | 01:51 |  |  |  | 02.28. |  | 66:55:2 | 5:56 | 5:20 |  |
| 78 |  | 00:11:3 |  |  |  | 00:22: |  |  | 00:41:34 | 00:35:3 | 32:04 | 29:4 | 退29:5 | , 7 | 01:09:18 | 01.04:10 | 2:27.58 | 2:06:5 | 01:54:09 |  |  | 2:48:0 | 2.31 | 2:20:05 | 7:05:3 | 6:04 | 5:28:17 |  |
| 79 | 00:13:4 | 00:11:50 | 00:10:3 | 00:09:520 |  |  | 021:00 | 9:37 | 00:42:14 | 00:36:12 | 00:32:35 | 00:30:10 | 01:31:30 | 0:18:26 | 1:10:35 | 01:05:2 | 02:31:10 | 22:09:34 | 156:37 | 01:47: | 3:20:3 | 2:51:58 | 02:34:7 | 02:23: | 7:16:5 | :14 | 05:37:01 |  |
| 80 |  | 00:12: |  |  |  |  |  |  | 00:42:58 |  | 00:33:09 | 230:41 | 01:33 | 01.20 | 1.12 | , | 疗 |  |  | 01.50 |  |  |  | 26. | 07:1929 | 25:3 |  |  |
| 81 | 00:14:2 |  |  |  |  |  |  |  | 00:43:48 | 00:37:33 | 00:33:48 | 00:31:18 | 01:35:37 | 01:21:57 | 01.13:45 | 01:08:18 | 02:38: | $02 \cdot 16$ | 02.02.31 | 01.53 | 03:31.15 | 03.01:0 | 2:42:58 | 2:30:54 | 07:43:27 | :37:15 |  |  |
| 82 | 00:14:4 | 00:12:101 |  |  |  |  |  |  | 00:44:46 | 00:38:23 |  | 00:31:59 |  | 01:24:02 | 01:15:37 |  |  |  |  |  | 03:37:30 |  | 02:47:47 |  | 07:59:09 |  |  |  |
| 83 | 00: |  |  |  | 00:30:11 |  |  |  | 00 | 00:39:18 |  | 00:32:45 |  | 01 | 01:17:44 | 01:11:59 | 02:48:21 | 02:24:18 |  | 02:00:15 | 03:44:26 | 03:12:23 | 02:53:08 | 02:40:19 |  | 705:48 | 23:13 |  |
| 84 | 00: | 00: | 00: | 00 | 00: | 00: | 00: |  | 00 | 00:40:19 | 00 | 00 | 01:43:3 | 01:29:02 | 01:20:17 |  |  | 02 | 02:14:13 | 02:04 |  | 03:18:59 |  |  |  |  | 06:38:32 |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

